

NEWSLET

LMU FAMILY MEDICINE

JULY 2018 ISSUE



Dear colleagues and dear friends of the Institute,

we are "a bridge between university medicine and general medicine for best-possible patient care. We are an academic home for students and - a quote from our newly designed homepage. This new bridge in Munich does not lead across the river Isar, but across a deeper divide: the one between theory and practice - or between medical science and primary care. It is important to make the latest medical knowledge available to every GP practice in Bavaria. Conversely, we take your questions research. Ŵе conduct to internationally recognized and practice-oriented research here with the aim of providing the best possible patient care. Our research is funded by the taxpayer, meaning that we can remain independent and operate without financial support from the pharmaceutical industry so, in a way our research is free of side effects. Our bridge also regularly takes me on visits to our teaching practices. Accompanied by our practice consultant Karin Schumacher, who talks to the medical assistants, I've already been in 40 of the approximately 300 teaching practices and hope to be able to personally visit all the others in the near future. We always return from these visits with great enthusiasm: The quality, reliability and commitment of our colleagues seeks it peers in the current medical industry. In the feedback-phone calls which we have with every individual student, they report that they are "in good hands".

Yours sincerely,

Jochen Gensichen

and Team LMU-General Medicine

MPRESSUM

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ANTIBIOTICS IN GP PRACTICES

Among other things, the RAI study on the use of antibiotics showed that 70 percent of the GPs surveyed also consider their own prescribing behavior to be the reason of the increase in resistance. Almost everyone knows the option of "tightened prescriptions", but only 30 percent do so (Salm et al., BMC Infectious Diseases, 2018). jochen.gensichen@med.uni-muenchen.de

INFECTIOUS DESEASE IN SHARED ACCOMODATIONS

Notifiable infectious diseases among refugees are not well known yet. In a survey involving over 15,000 refugees in a primary reception center in Munich, we showed that vaccination soon after arrival as well as hygiene measures may reduce the number of cases of illness in shared accommodations (Alberer et al., Infection, 2018). linda.sanftenberg@med.uni-muenchen.de

FROM INTENSIVE CARE UNIT TO GP

After critical illness and treatment on an intensive care unit, some patients have an increased need for medical care. In our residency program "Hausarzt 360°", we investigate this need in cooperation with research partners from Greifswald and Augsburg using data from the population study SHIP (Study of Health in Pomerania). robert philipp.kosilek@med.uni-muenchen.de

SUICIDE PREVENTION

Suicidal tendencies are often difficult to assess. A systematic literature review should find suitable questionnaires. These should be safe - and at the same time good for everyday use in primary care. Thanks to the project "Hausarzt 360°", we will be able to provide significant information in 2019.

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GPs RESEARCH FOR THEIR PATIENTS

Good primary care needs good knowledge. Together with the colleagues of the TUM general medicine and numerous GPs from Upper Bavaria we want to research intensively. With the support of the Bavarian Ministry of Science, we will be able to show the benefits of primary care. If you are interested in researching with us and in promoting our field, please contact us.

linda.sanftenberg@med.uni-muenchen.de

EMBRACE E-HEALTH

Information technologies are increasingly becoming a "new tool" for diagnostics, therapy and patient management. At the same time, there are reservations about eHealth tools, especially in the field of mental health. With a project we want to identify intervention goals and approaches in order to better integrate evidence-based eHealth tools for the treatment of mild to moderate mental illness into practice. We want to contribute to save resources of family doctors.

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PROF. DR. SCHELLING ON THE FOCUS-LIST

We congratulate Prof. Dr. med. Jörg Schelling on the clinical "accolade" as recommended family doctor by the magazine *Focus* in the Munich region in 2018.

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EVENTS

Announcement

Sunday, July 1, 2018:
As a jury member, I invite you to apply for the "Eugen Münch Preis 2018 für innovative Versorgungsprojekte", endowed with 20,000 euros. The two categories "Healthcare Research" and "Practical Applications (IT Tools)" are looking for brave ideas that have the potential to improve health care. Application deadline: 1st of July

www.stiftung-muench.org/eugenmuench-preis/

Symposium

Friday, July 6, 2018 in Cologne: The different roles of GPs: "healer", "comforter", "researcher". Qualification points are requested, also patients are welcome! Invitations and program can be found on the homepage of the foundation: www.stiftung-allgemeinmedizin.de

Policy discussion

Wednesday, July 11, 2018: "Dream Job Family Doctor", with high-caliber podium. 14-15: 30h, large lecture hall of the gynecological clinic, Maistr.11, see also on our homepage:> Lehre> VL http://allgemeinmedizin.klinikum.uni-muenchen.de

Convention

Thursday, 13.-15. September 2018:

Annual Convention of the German Society of General Medicine in Innsbruck. We will be present with the following topics: PICTURE study, post-traumatic stress after intensive care, suicide risk and attachment, suicidality in patients with panic disorders with and without agoraphobia.

www.degam-kongress.de/2018

II. International GP Day

Friday, 21st September 2018: In Bonn, Dr. Linda Sanftenberg and Prof. Dr. med. Jörg Schelling give a lecture about vaccination. www.hausaerzteverband.de/cms/T ermine.22.0.html

Meeting of training doctors

Wednesday, October 17, 2018: Meeting of teaching doctors in the seminar room 81 of the Polyclinic, Pettenkoferstr. 8a, 18:30 - 20: 00h. Registration: <u>lina.lauffer@med.uni-muenchen.de</u>

GUIDELINES IN GP PRACTICES

Clinical guidelines are no principles, but "aids for good medicine", states our specialist society (DEGAM). How can their application and implementation be supported in GP practices? The systematic review shows: Of 36 studies and their measures, 27 had no effect, 14 a moderate and 21 a strong effect on transfer of knowledge, diagnostic behavior, prescribing and counseling, and on patient-level outcomes. Individual measures were more effective than the simultaneous combination of several measures (Kovacs et al. JGIM 2018). iochen.gensichen@med.uni-muenchen.de

TEACHING

NEW TEACHING COORDINATOR

We are happy to reinforce our team and sincerely welcome Dr. med. Lina Lauffer as our new teaching coordinator. Now a clinically very experienced doctor is available for your questions regarding the teaching of our curriculum general medicine. lina.lauffer@med.uni-muenchen.de

NEW CURRICULUM GENERAL MEDICINE

As a new basis for the teaching of our subject at the LMU, we have developed an LMU curriculum for general medicine together with our lecturers. After a workshop in the monastery on the island of Frauenchiemsee, active teachers will give their consent to the new curriculum.

lina.lauffer@med.uni-muenchen.de

UPDATE "AMBU-SEMINAR"

We also want to restructure the previous "Ambu-Seminars". As a "General Medicine Seminar", teaching will be even more hands-on in the future. In the meeting of the seminar leaders on 11 July we want to communicate with you. On the one hand, the event is aimed at teachers who are already seminar instructors. But on the other hand, colleagues who are interested in leading a seminar group in the field of general medicine are also welcome. Invitation and program can be found at "Teaching" on our homepage. Inva.lauffer@med.uni-muenchen.de

MORE PHYSICIANS FOR "HAUSARZT 360°"

We are looking for further outstanding colleagues for the general medicine leadership program of the LMU, see: http://allgemeinmedizin.klinikum.uni-muenchen.de
If you are interested, please contact: caroline.jung-sievers@med.uni-muenchen.de

NEW HOMEPAGE

We have revised our homepage and structured it more clearly. Please note that this has changed our web address: http://allgemeinmedizin.klinikum.uni-muenchen.de

PUBLICATIONS:

On our new homepage you can find our new and previous publications:

http://allgemeinmedizin.klinikum.uni-muenchen.de

