



# NEWSLET LMU FAMILY MEDICINE

MARCH 2018 ISSUE



Dear colleagues and dear friends of the institute,

The new year got off to a racy start - we are in the midst of preparing a number of research projects, some of which have already begun. It means a lot to us that some of you were willing to participate in those projects.

Of course, with these studies we aim at showing the value of our work in our general practice offices to a broader public. We think it is important to back up our patient care with high-quality trials. As all the other medical fields, we too have to move forward.

Also moving forward are our new colleagues in Würzburg. Prof. Dr. Ildikó Gàgyor and Prof. Dr. Anne Simmenroth began their service at the Julius-Maximilians-Universität Würzburg. The implementation of the new chair of general practice in Würzburg is an important step to the further professionalisation of our field, meaning that now 34 of the 36 medical faculties in Germany have established such an institution. The last medical faculty in Bavaria without a chair in general practice is Regensburg. Dear Ildikó and dear Anne, we wish you a really good start!

Jochen Gensichen

**IMPRESSUM** Institut für Allgemeinmedizin Klinikum der Universität München - Campus Innenstadt Direktor: Prof. Dr. Jochen Gensichen

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### MOBILITY IN OLD AGE

Vertigo and joint problems lead to morbidity and disability in the population of the elderly. We are starting a BMBF-funded reseach project to analyse the distribution of goal directed care, physical flexibility, pain and related social and financial factors. Our research network of various LMU institutions,

Helmholtz Center Munich and the University of Rosenheim (MobilE, management: Prof. Dr. Eva Grill, Institut für medizinische Informationsverarbeitung Biometrie und Epidemiologie) is expecting first results in 2019. linda.sanftenberg@med.uni-muenchen.de

#### MENTAL HEALTH OF REFUGEES

Refugees frequently suffer from mental health problems. In cooperation with the medical faculties Witten/Herdecke and Bochum we are starting a BMBF-funded research project concerned with this problem (Improve MH, management: Prof. Dr. Silvia Schneider, Forschungs- und Behandlungszentrum für psychische Gesundheit, FBZ Bochum). Patients receive support for their mental health issues and the education of their children. First results are expected in

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#### COGNITION IN THE ELDERLY

As we age, cognitive abilities change. Together with colleagues from Leipzig, Kiel, Halle, Heidelberg and Greifswald we are starting a BMBF-funded clinical trial for the preservation and expansion of cognitive abilities in the elderly (AgeWell, management:

Prof. Dr. Steffi Riedel-Heller, Institut Sozial-, Arbeitsmedizin und Public Health, Leipzig). We support patients in physical exercise, nutrition, social life and cognition. Results are expected for 2020.

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#### VACCINES AND DIALYSIS

285 dialysis-patients were recruited in over 20 centers for our trial on sufficient vaccine status. In a second step,

we will interview the nephrologists. We will report first results in summer 2018. linda.sanftenberg@med.uni-muenchen.de

## DISCUSSION ON VACCINATIONS, MARCH 23RD

Insufficient knowledge, conflicting information and varying beliefs confuse patients. Our founding director Prof. Dr. Jörg Schelling is a renowned expert on vaccination and discusses this topic with top-level partners.

On Wednesday, March 23rd, 19:00, experts discuss with the audience in the VHS München in the Einstein 28.

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#### JUNGE ALLGEMEINMEDIZIN – SUPRAREGIONAL MEETING

The Junge Allgemeinmedizin Deutschland is inviting to their supraregional meeting, June 22th - 24th. Our director Prof. Jochen Gensichen will give a lecture on health issues of physicians. The meeting is dedicated to providing information and networking for young general practicioners.

https://tinyurl.com/y7h7j9j9 regionales@jungeallgemeinmedizin.de

### APPOINTMENT OF NEW PROFESSORSHIP IN OUR INSTITUTION

The appointment of a new professorship is under way. This professorship will mainly be concerned with health service research, especially with the problem of multimor-

bidity and polypharmacy in primary care. jochen.gensichen@med.uni-muenchen.de The new candidates already presented themselves to the faculty boards. The position will be staffed approx. in autumn 2018.

### LECTURERS-MEETING

On Wednesday, April 11th 18.30 - 20.00, we invite to the Lecturers-meeting. Participation in one of the biannual meetings is mandatory for Lecturers. After the recepti-

on by the director Prof. Jochen Gensichen we will introduce the contents of the general practice elective pre-seminars and a DEGAM-guideline. Seminarraum 81, Poliklinik, Pettenkoferstr. 8a, CME-points available.

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# THE PATIENT AND HIS MOBILE PHONE

Due to the outreach program of the LMU Center for Leadership and People Management the seminar of PD

Dr. Karoline Lukaschek and Dr. Anna-Luise Pankrath will be constantly re-evaluated. We aim at improving the involvement of medical students with the ever-growing topic of e-communication. karoline.lukaschek@med.uni-muenchen.de

# PROF. JÖRG SCHELLING - MENTOR OF THE YEAR

The students voted for Prof. Schelling as "Mentor of the Year 2017". He was honored for his many years of service, always

open and willing to answer all questions around academic studies, research projects and residency programs. Voluntary mentors are important student counselors and support them in many situations. jörg.schelling@med.uni-muenchen.de

# SAVE THE DATE: CONTINUOUS MEDICAL EDUCATOIN

On June 8th-9th we will host the CME course Allgemeinmedizin Kompakt. This refresher seminar prepares residents for board examination and includes sonography seminars. Optionally the three course units can be booked separately.

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The Bayerische Hausärzteverband invites to the Nachwuchstag with party evening on April 26th.

www.bayerischer-hausaerzte-tag.de/ index.php/nachwuchstag/anmeldung

# **PUBLICATIONS**

Our pubications can be found on our Homepage