

Instructions for taking off Personal Protective Equipment („Doffing“)

In dealing with patients with suspected or confirmed COVID-19

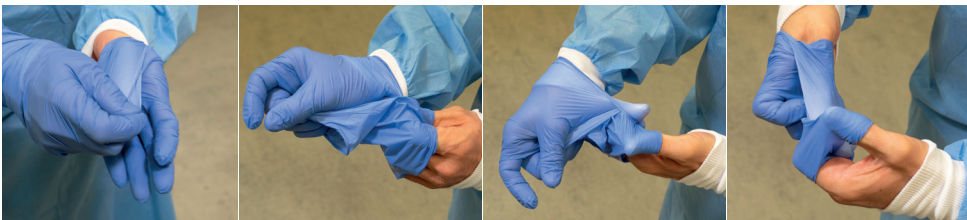
Prerequisites

- Waste container and hand disinfectant
- Inside patient room or treatment area
- And in addition directly outside

IMPORTANT

Doffing must be done slowly and carefully!
There is a high risk of contamination!
Whenever possible use the help of a trained observer („buddy“) from at least 2 meters away

Taking off the gloves



Dispose into prepared container

Hygienic hand disinfection



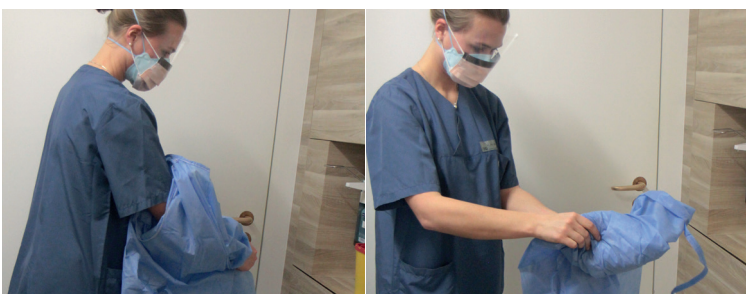
Taking off the protective gown



The front part of the gown is contaminated. Open the latch at the neck

Open the fastening at the waist (if necessary tear open carefully)

Touch only the uncontaminated inside part of the gown



Roll gown slowly down the shoulders

Roll the gown into a pack from the inside

Dispose into prepared container

Hygienic hand disinfection



Taking off the eye shield



- Grip the straps from behind or at the earpiece of the goggles
- Close your eyes briefly when taking the protection off
- Dispose into prepared container

Hygienic hand disinfection



Leaving the patient room / treatment area



The next step should be supervised by a trained observer („buddy“) from at least 2 meters away

Hygienic hand disinfection



Taking off the face mask

If you are wearing glasses: take them off.
Do not touch the contaminated front part of the mask while doing this.



Grab the lower strap with both hands behind the neck and lay it over the upper strap



Close your eyes, lift both straps and slowly take them over your head.
Dispose the mask into prepared container

Hygienic hand disinfection



Instruction videos and further information can be found here:

