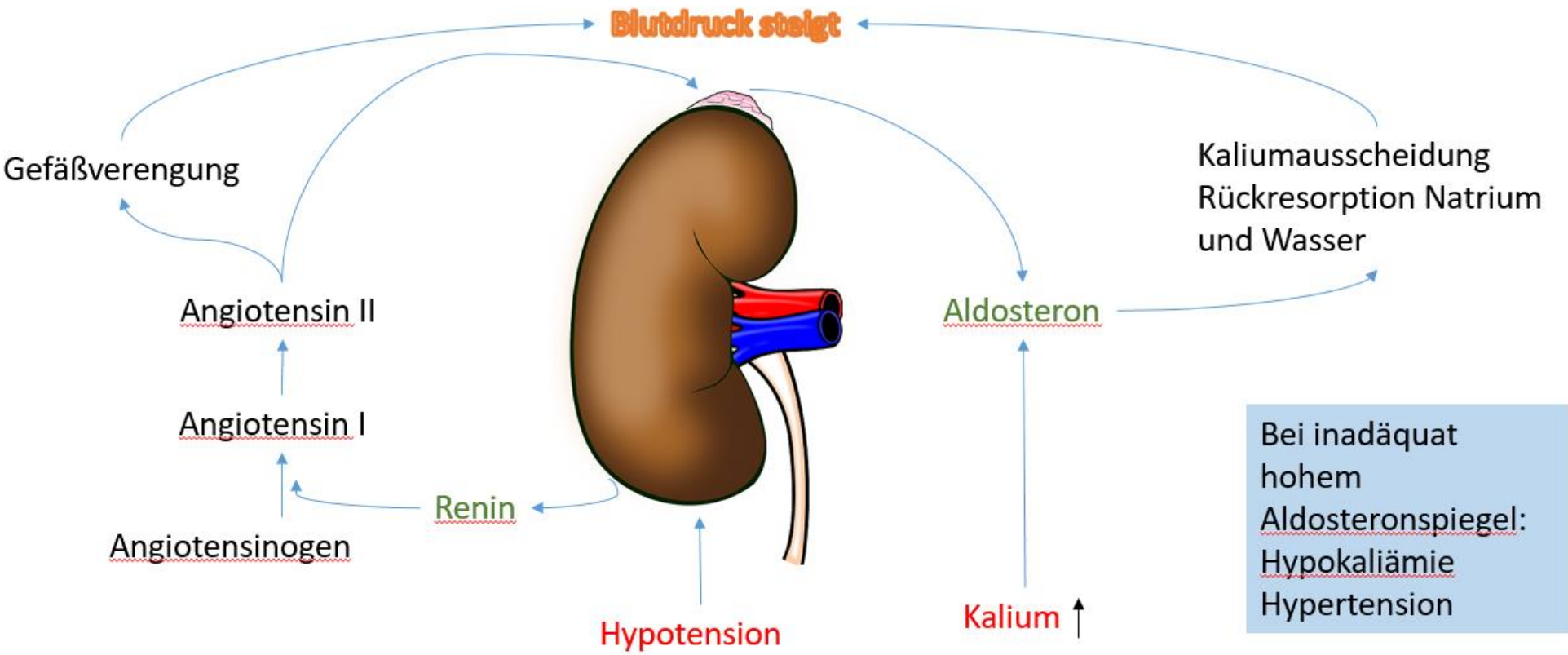Aldosteron Regulierung