



Dear colleagues
and dear friends of
the institute,

This newsletter is shorter than usual. In the future we are planning to keep it limited to a short report about our current work – published three times a year. We invite you to ask questions. At the end of every abstract you will find the e-mail address of the corresponding colleague willing to provide further information.

Many of you have been involved in our teaching program of general practice and family medicine for a long time, especially in the block training ("Blockpraktikum") and the seminars of primary care ("Ambulantes Seminar"). This is probably the best advertisement for our subject. Here, future physicians experience the variety and professionalism but also the joy our job as general practitioners can bring. For the block training we now have the means to offer compensation.

Some of you contribute to our studies about vertigo, memory-loss or psychological stress after intensive care. Here too, the importance of our work as general practitioners is shown.

In this manner, the institute of general practice and family medicine acts as a link between academic university medicine and general practice. In our rooms above the roofs of the inner city, we found a first home for the general practitioners of the LMU.

I wish you all a happy Christmas

Jochen Gensichen

RESEARCH

PSYCHOLOGICAL HEALTH AFTER ICU

After discharge from an intensive care unit (ICU) some patients retain psychological disorders. In the "PICTURE"-study, funded by the German research foundation (DFG), general practitioners learn a short version of narrative therapy they can use to discuss the traumatic experiences with their patients and lead them to produce "new pictures"

of the difficult time. General practitioners and intensive care specialists from Munich, Dresden, Hamburg, Tübingen and Berlin are cooperating on this. First results with about 340 patients are to be expected in the summer of 2020. General practitioners interested in participating are always welcome!

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„BLENDED THERAPY“

„Blended therapy“, means supporting classical face-to-face care by digital means. Supported by the fund for innovation, we want to explore if general care for patients suffering from depression or anxiety-disorders can be successfully supported by a

so called case-management-tool. We, the general practitioners would consequently gain more time for our "real" purpose – the conversation with our patients.

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HONOUR FOR PROF. SCHELLING



In the event hall of the venerable London cathedral our founding director Prof. Jörg Schelling was awarded a "Honorary Distinguished Fellowship" for his work in integrative general

practice and health promotion. The certificate was awarded by the European Society for Person Centered Healthcare (ESPC) during their annual conference at Westminster Cathedral.

INAUGURATION LECTURE PROF. GENSICHEN

On Friday 1st December 2017, Prof. Dr. Jochen Gensichen introduced himself to you and all colleagues in Munich with an academic lecture about „Treatment approaches

for chronic diseases“. His introduction took place in the big auditorium of the "Chirurgische Klinik".

RESEARCH AWARD FOR PROF. GENSICHEN

The German Network of Health Services Research awarded the „Wilfried-Lorenz-Versorgungsforschungspreis 2017“ to Prof. Dr. Gensichen and Dr. Konrad Schmidt (Berlin). Both developed a follow-up program for patients having suffered from severe sepsis.

This study also revealed the great importance of general practitioners in the safer treatment of long-term complications of sepsis (JAMA, 2016).

TEACHING

GENERAL PRACTICE COMPACT COURSE

On Saturday 9th December 2017, the third part of the General Practice compact course is going to take place. This course

consists of the preparation for the board certification and a refreshing ultrasound seminar. This course can also be booked

separately. Deadline is December 6th 2017.
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GENERAL PRACTICE 360

In November the five residents of our leadership program in general practice started their clinical rotations. Besides their residency program in general practice, the Interns receive an international top-level leadership training: budget and human

resources planning, seminars in research methods and health care policy, training in public relations and communication. They are going to work at different departments of the University hospital, i.e. psychiatry and geriatrics, for the next

three years including a fixed rotation at our institute. They are going to complete their residency in general practice and help shape the future of our subject.
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„COMPETENCE-CENTRE RESIDENCY IN FAMILY MEDICINE“

Future general practitioners are offered support by the new „Kompetenzzentrum Weiterbildung Bayern“ in order to ensure a seamless transition from medical studies

to residency. In addition to seminars, training for supervisors and evaluations, we offer them mentoring relationships with senior general practitioners.

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THE LATEST OF THE BLOCK TRAINING

Beginning this winter term, the medical students complete a compulsory introductory seminar before starting their Block Training in general practice. The small groups of students will work on the following topics: „E-communication in

general practice“, „tool box family medicine“, „patients suffering from chronic illnesses in general practice“, „visitation of pharmaceutical sales representatives“. The first round was challenging but also exciting. You, dear medical student trainers,

will see the results during the Block Training and whether it was worth it.
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NEW DOCTORAL REGULATIONS

Beginning April 1st 2018, the LMU Medical Faculty will only allow structured doctoral projects. That way the Faculty intro-

duces many new requirements whose aim is to improve the quality of medical doctoral theses.

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GRANTS FOR STUDENTS

Students who complete their medical clerkship in a family doctor's practice in Bavaria, are going to be financially supported

by the „Kassenärztlichen Vereinigung Bayerns (KVB)“ (500 Euro; in special cases: 850 Euro).

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PUBLICATIONS

Our publications can be found on our homepage.

